



Favourite Recipes from our Members

Smitty's Stuffed Heart

1 Moose or Deer heart whole
2-3 cups homemade stuffing
1/2 apple
garlic
1/4 onion
bacon

clean fat off heart, rinse out well.
cut apple into small cubes and mix into cooked stuffing with garlic and onion.
cover in bacon
bake at 350 for 45min-1 hr (depending on the size of the heart).

let stand for 5 mins then carve and serve.
great with steamed veg & rice.

Contributed by Jeremiah Smith