



Favourite Recipes from our Members

Fried Grouse

½ cup brown flour

½ cup cream or milk

¼ tsp baking powder

½ tsp paprika

One grouse or pheasant

salt pepper to taste

½ cup oil

Cut bird into serving size pieces, dip in cream or milk. Mix all ingredients in plastic bag. Drop in meat and shake until well coated. Heat oil in skillet, and then drop in meat, brown on all sides.

Enjoy

Contributed by Dale Davignon