



Favourite Recipes from our Members

CABBAGE CASSEROLE

- 1 Lb of hamburger
 - 1 cup of diced onion
 - 4 cups steamed cabbage
 - ½ cup of rice (uncooked) or less
 - 1 can of Tomato Soup (10 ozs)
 - 10 ozs water
 - Salt , pepper and spices
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- Combine all above ingredients except the Cabbage and mix well
 - Put cabbage in well greased casserole dish and put above mixture over top of the cabbage (do Not stir)
 - Cook covered in 350 F oven for 1 ½ hours.